

# AUGUST

## NEWSLETTER



### MENOPAUSE & THE SKIN

From hormonal fluctuations causing flare ups of acne, rosacea and psoriasis to amplified signs of ageing including sagging skin and uneven tone, Menopause not only causes women to experience skin and body changes, but also mental health and mood-based differences during this time.

**What are the common skin concerns caused by menopause?**

- Dry skin and less plump
- Redness due to hot flushes
- Wrinkles, brown spots, jowls
- Changes in skin pH and sporadic fluctuations in hormone levels in perimenopause can also exacerbate existing skin conditions such as acne, rosacea, eczema and psoriasis



#### DID YOU KNOW?

After the age of 25, we begin losing collagen at a rate of 1% per year. This means the average person has lost almost half of the collagen in their skin by the age of 50!

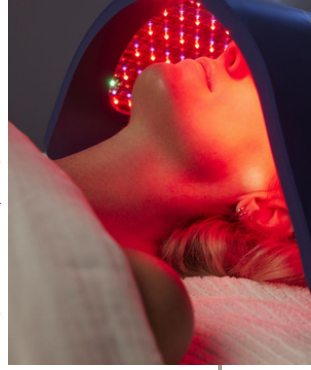
#### Skincare Solutions for Menopausal Skin

- **DIRECT DELIVERY VITAMIN C** - used to stimulate the cellular renewal process as well as collagen production, suppress pigmentation formation, protect against environmental damage as well as regenerate healthy skin.
- **REVITOSIN** - works to rebalance and regulate cell proliferation, the flow of oil and encourages RNA that prevents cell degeneration.
- **HERB & MINERAL MIST** - to improve skin hydration and a refreshing cooling effect for hot flushes.



## In-Salon Treatments for Menopausal Skin

- LED Light Therapy - When estrogen in the body decreases, so does the production of collagen which means the skin loses its tightness and volume, increasing the chances of wrinkles & sagging. Declining levels of estrogen can also cause dehydrated, dry and flaky skin. Hormonal fluctuations can also lead to blemishes and age spots. LED re-stimulates the skin's production of collagen, elastin and hyaluronic acid, which are crucial for maintaining plump, smooth, supple and hydrated skin; renewing menopausal skin.
- DMK Enzyme Mask - encourages blood circulation, oxygenation and lymphatic drainage, while simultaneously, through reverse osmosis, helping to flush away toxins and free radicals to stimulate collagen production. Revises the skin to function as young healthy skin would.
- MesoPen Pro Skin Needling - collagen induction treatments and hydration boosting treatments to support skin experiencing menopausal changes. The goal of the procedure is to stimulate collagen and elastin to help smooth out fine lines and wrinkles & firm up the skin.



## ENJOY UP TO 30% OFF WITH OUR BIG WINTER SALE!



### DMK RELAX & GLOW FACIAL \$99

Customised Glow Facial 45 mins  
LED Light Therapy  
Head, Neck & Shoulder Massage

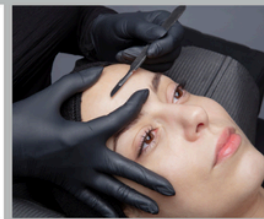
VALUED AT \$159

### EPIDERMAL LEVELLING & LED \$119

Epidermal Levelling Exfoliation  
LED Light Therapy  
Hand & Arm Massage

VALUED AT \$139

Or 4 interest-free payments of \$29.75 with [afterpay](#)



### HYDRAFACIAL \$149

Deep Cleanse  
Exfoliate & Extraction  
Hydrating, Nourishing Infusion

VALUED AT \$185

Or 4 interest-free payments of \$37.25 with [afterpay](#)

### DERMAFRAC & LED \$189

Customised DermaFrac Skin Needling Treatment  
LED Light Therapy  
Hand & Arm Massage

VALUED AT \$235

Or 4 interest-free payments of \$47.25 with [afterpay](#)



[CLICK HERE TO BOOK IN](#)

# COSMETIC INJECTOR LACI

Laci is a Registered Nurse & has completed her Graduate Diploma in Cosmetic Nursing & Injectables.

Laci looks forward to helping you achieve your aesthetic goals, whether that involves just enhancing your natural features, providing rejuvenation to your skin or just improving your self confidence overall.

She is currently working in the salon & available to you every Monday!



[CLICK HERE TO BOOK IN WITH LACI](#)

## STOCK UP ON YOUR PRODUCTS

Now's the perfect time to start your new skincare journey or to just stock up on your fave skincare products.

A great chance to add an eye cream, EFA supplements or specialised serums to get the best results for your skin.

Buy any 3 skincare products & receive the 4th for FREE!

## BIG WINTER Sale

LIMITED TIME ONLY!



BUY ANY 3 SKINCARE PRODUCTS

GET THE 4TH FREE

Offer on now. Conditions apply. Expires 31/08/2024

## AMAZING OILS MAGNESIUM PRODUCTS



Great for Winter aches and pains, Football and Netball muscle strains, arthritis, headaches and stress.

The range is 100% natural & includes Magnesium Lotions, Roll on gels & Bath flakes.

### Daily Range

Contains 100% Magnesium Chloride & is beneficial for relieving stress, anxiety, PMT, aches and pains, eczema, migraines, muscle cramps & joint pain.

### Flex Range

Designed to assist with joint pain & support joint health, reduce inflammation & muscle recovery.



### Sleep Range

Assists mind relaxation, calms & relaxes the nervous system, induce sleep, relieve sleeplessness, reduce time to fall asleep & relieve disturbed/restless sleep.

**ASK YOUR THERAPIST ABOUT OUR MAGNESIUM PRODUCTS NEXT TIME YOU'RE IN THE SALON**

*We hope to take care of you soon! Amour xo*